

# Health and Safety

## Safe Working at Heights for Operatives



Duration | **1/2 DAY**

Price | **£95**

Code | **BAL09**

### Who's the course for?

This course is intended for operatives whose work could involve exposure to a fall from height, whether in construction, maintenance, cleaning or access.

### Course aims and benefits

To give knowledge of possible hazards and control measures when working at height.

This course gives operatives the awareness of the control measures that are essential to ensure they work safely.

### Course content

- Legal requirements and liabilities
- Hazards and control measures
- Scaffolding and other working platforms
- Ladders and stepladders
- Implementation of risk assessments

### Training methods

- ✓ Classroom/tutorials

### Methods of assessment

- ✓ Continuous assessment

### Qualification/Certification

- ✓ National Construction College certificate



### Where and when?

#### East

**Norwich** Feb 19  
**Colchester** Apr 28  
**Northampton** Sep 8

#### Midlands

**Birmingham** Feb 11, Nov 5

#### London and South East

**Woodford** Apr 24, Oct 9  
**Watford** Aug 7

#### South West

**Bristol** Mar 27  
**Exeter** Jul 14

#### South Central

**Reading** Feb 27  
**Portsmouth** Jul 24

#### Yorkshire and Humber

**Leeds** Feb 18, Sep 16

#### North East

**Ponteland** May 5

#### North West

**Haydock** Feb 13, Jul 24  
**Leyland** Mar 30, Sep 30

#### Wales

**Wrexham** Jan 27  
**Cardiff** Mar 19  
**Caernarfon (N Wales)** Aug 25  
**Swansea** Sep 18

#### Scotland

**NCC Scotland (Glasgow)** Apr 23, Sep 3

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# Health and Safety Awareness



Duration | **1 DAY**

Price | **£140**

Code | **MT603**

## Who's the course for?

This course is for those who have entered, or are about to enter, the construction and civil engineering industry as a member of the workforce. It will help them understand the potential hazards that they face at work on site.

## Course aims and benefits

To give construction operatives an awareness of health and safety and how it affects their daily role. This course can be used as preparation training for the CSCS Health and Safety Test or as refresher training for operatives. The course will cover individuals' responsibilities for the safety of themselves and others, typical construction hazards and how they are controlled and how everyone can help achieve better practical standards of safety on site.

## Course content

- Legal requirements and liabilities
- Working at height
- Manual handling
- Fire prevention
- Work equipment

## Training methods

- ✓ Classroom/tutorials

## Methods of assessment

- ✓ Continuous assessment
- ✓ Multiple-choice

## Qualification/Certification

- ✓ ConstructionSkills Site Safety Plus certificate

## Where to next?

- ✓ Site Supervisors' Safety Training Scheme

## Where and when?

### East

**St Neots** Jan 14, May 6  
**Northampton** Feb 18  
**Norwich** Feb 25, Sep 15  
**Chelmsford** Mar 12  
**Welwyn** Apr 2, Oct 13  
**Basildon** Jun 25  
**Colchester** Jul 8

### Midlands

**Birmingham** Jan 16, Sep 8  
**Leicester** Mar 31, Jul 8

### London and South East

**Stratford** Jan 13  
**Woodford** Jan 20  
**NCC South** Feb 19, May 1, Jun 25, Aug 5, Oct 16  
**Watford** Mar 4  
**Gatwick** Apr 7  
**Farnham** Jun 22  
**Hounslow** Jul 7  
**Dartford** Dec 10

### South West

**Bristol** Jan 27, May 5

### South Central

**Farnham** Feb 18  
**Basingstoke** Jun 17  
**Southampton** Nov 27

### Yorkshire and Humber

**Leeds** Feb 23, May 13, Oct 22

### North East

**Sunderland** Mar 3  
**Durham** May 27

### North West

**Leyland** Jan 16, Feb 24, Apr 6  
**Haydock** Mar 20, Jul 9, Aug 27, Nov 13

### Wales

**Cardiff** Jan 30, Sep 15  
**Wrexham** Feb 10  
**Swansea** Apr 7, Nov 5  
**Caernarfon (N Wales)** Jul 7

### Scotland

**NCC Scotland (Glasgow)** Feb 26, Apr 29, Sep 10, Oct 29

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